

CECW-ON

MEMORANDUM FOR NATURAL RESOURCES MANAGEMENT TEAM MEMBERS

SUBJECT: *Safe Self* Training Course

1. I am very pleased to introduce the enclosed new exportable training program, *Safe Self*, which is being distributed to all Natural Resources Management (NRM) MSC, District and project offices. *Safe Self* is an interactive, self-directed, computer based compact disk training course which was developed by the NRM Career Development Steering Committee and our Visitor Assistance training instructors, Mr. Bill Jackson and Mr. Chris Arthur, in cooperation with Mr. John Bramblett of the Huntsville Professional Development Support Center. The course is approximately four-hours long and is designed to run on an office computer. The training program will partially satisfy park ranger training requirements (see reverse side of this memorandum) and, more importantly, provide excellent guidance on how to avoid and diffuse potential dangerous situations. *Safe Self* was featured in the July 2000 issue of Engineer Update.
2. *Safe Self* provides the same basic tactical communications skills that are taught to park rangers in the *Visitor Assistance Program for Natural Resources Management* PROSPECT course. It is based on the Verbal Judo principles that are the foundation of tactical communications and which were created by Dr. George Thompson of the Verbal Judo Institute. The course principles are also valuable to any Corps employee who has contact with the public including those who work in the Regulatory and Real Estate elements. Other suggested audiences include contract gate attendants, contract inspectors and selected volunteers that have extensive public contact. Please note that any local reproduction of the CD will constitute copyright infringement against the Verbal Judo Institute and is strictly prohibited.
3. I encourage you to take advantage of this training opportunity and, if you are a manager, provide this training to all your employees who might benefit from learning these tactical communication skills. Your feedback and ideas for improving this course or for creating addition computer based training opportunities are welcomed. Contact your representative on the Career Development Committee and let them know how you feel about *Self Safe*, the use of computer based training and other distance learning products to enhance the skills of NRM employees. The POC for questions regarding *Safe Self* is Mr. Bill C. Jackson, CELRN-CO-MAR-R, 606-573-7655.

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CHARLES M. HESS  
Chief, Operations Division  
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for Civil Works

## **SAFE SELF TRAINING PROGRAM**

Completion of the *Safe Self* Training Course will partially satisfy the following training requirements as contained in EC 1130-2-213, Visitor Assistance Training.

<b><u>Module # Course Title</u></b>	<b><u>Applicable Employees</u></b>	<b><u>Specific Training Requirements That Are Met</u></b>
<b><i>Module 1</i> Basic Visitor Assistance Training</b>	Employees who wear the NRM uniform but do not have citation authority as a functional duty*	<i>Self Safe</i> satisfies the initial first year personal protection training requirement
<b><i>Module 2</i> Refresher Training</b>	Employees with Citation Authority	<i>Self Safe</i> satisfies the two-hour tactical communication refresher training requirement (employees must still receive 2 hours of hands-on unarmed self defense training)
<b><i>Module 2</i> Refresher Training</b>	Employees who wear the NRM uniform but do not have citation authority as a functional duty	<i>Self Safe</i> satisfies the four-hour personal protection refresher training requirement
	All other Corps employees, contractors, and volunteers who have public contact	<i>Self Safe</i> is recommended to provide guidance to anyone needing knowledge on how to avoid and diffuse potential dangerous situations.

\* Employees requiring citation authority must take the *Visitor Assistance Program for Natural Resources Management* PROSPECT Course or a MSC/District-sponsored Visitor Assistance Course